

## Spiritual Unity of the Tribes (SUT) Gathering - Four-Day Event Overview

### Day 1: Igniting the Sacred Flame

- At the break of dawn, the sacred fire will be lit, marking the beginning of a transformative journey.
- Morning prayers and a pipe ceremony at the arbor will bring us into the sacred cadence.
- Optional participation in sweat lodges for those seeking spiritual purification.
- Open council fire in the evening, fostering diverse discussions on topics relevant to the community.
- Space for the youth to engage in council discussions around the fire.

### Day 2: Deepening Connections

- Morning rituals at the arbor continue, aligning participants with the spiritual essence of the gathering.
- Opportunities for community members to contribute to the mid-day meal, emphasizing communal spirit.
- Various workshops and teachings led by elders, providing wisdom and insights.
- Continued sweat lodge ceremonies for holistic healing.
- Evening council fires, providing platforms for sharing personal stories and experiences.

### Day 3: Nurturing the Spirit

- Renewal of morning prayers and pipe ceremony, reinforcing the collective energy.
- Community-led mid-day meal, reinforcing the value of shared responsibility and interconnectedness.
- Special ceremonies and activities dedicated to honoring the land, plants, and indigenous wisdom.
- Continuing sweat lodge ceremonies, encouraging participants to delve deeper into self-discovery.
- Evening council fires, with a focus on the interconnectedness of all beings.

### Day 4: Culmination and Reflection

- Final day rituals at the arbor, celebrating the spiritual unity achieved over the past three days.

- Closing ceremonies, expressing gratitude for the shared experiences and spiritual growth.
- Extinguishing of the sacred fire, symbolizing the temporary conclusion of the gathering.
- Participants have the option to take ashes from the fire as tangible reminders of their transformative journey.
- Reflection and sharing of personal insights gained during the gathering.
- Teardown, cleanup, and land restoration activities as a communal effort to leave a positive impact.

#### All 4 Days – Community Wisdom Exchange Board:

- Introducing a special space for participants to share their knowledge and skills.
- Located near the arbor, the Community Wisdom Exchange Board allows individuals to host their own workshops, discussions, or events.
- To contribute, grab a card or use your own paper to write down details about your session, including your name, topic, a brief description, and the time you'd like to host it.
- Pin your workshop/event card on the board for others to see and join.
- Embrace the diverse wisdom within our community, offering sessions that range from cultural exchanges to practical skills and everything in between.
- Explore the board to discover a variety of sessions tailored to different interests, fostering community connection and collaboration.

Throughout the four days, the Spiritual Unity of the Tribes Gathering invites participants to reconnect with nature, themselves, and each other. The sacred fire, at the heart of the event, symbolizes the enduring flame of unity that each participant carries forward, contributing to the shared prayers and wisdom of the global community.